

Waste-Free-Wednesdays!
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Dear Parents,

Queen of Angels is holding the next Waste-Free-Wednesday on February 3rd. On this day, students are encouraged to bring lunches that include as many items as possible that can be eaten, reused, or recycled and as few items as possible that must be thrown away.

You can help your child pack his or her waste-free lunch by including only what your student can eat, using reusable containers or bags, and bringing washable utensils and a cloth napkin. In planning your child's waste-free lunch, remember: if you pack any items that need refrigeration make sure you include a reusable ice pack to keep the items fresh. If your child cannot bring a waste-free lunch from home, there will be cloth napkins and washable silverware available to those purchasing food from the cafeteria. Students who typically purchase bottled water at lunch are encouraged to bring in a reusable water bottle or canteen from home instead.

Waste-Free Lunch Tips:

Include:

- Sandwiches in reusable containers.
- Whole fruits without packaging.
- Drinks in containers that can be reused or recycled.
- Snacks purchased in bulk and brought in reusable containers.
- Reusable ice packs.

Don't Include:

- Individually wrapped snacks
- Plastic baggies that are not reusable
- Disposable forks and spoons
- Straws

Waste-Free-Wednesdays will continue every other week until Earth Day on April 22nd and then will continue every Wednesday for the remainder of the school year. If you have any questions about Waste-Free-Wednesdays, please contact Peg DeGance. For more information on waste-free lunches please visit www.epa.gov/epaoswer/education/lunch.htm.

Thank you for your support, and please help Queen of Angels Catholic School have a successful Waste-free-Wednesday!

Sincerely,

The Queen of Angels Environmental Committee